

## WEALD CHALLENGE FINAL INSTRUCTIONS 9 JUNE 2024 9:15AM

Hi Runners

You should have received your number in the post by now unless you are number 400 (please pick up from HQ hall on the day). If not we will have a small number of spare numbers at registration. Please note we are not using chip timing so there is no timing chip on your number

Here's some important information and reminders about the day.

- When you arrive, all parking is in Jubilee Field, opposite Chiddingly Primary School. Please follow the marshals' instructions as we need to squeeze in everybody, **and car share, if possible**.
- If you are just being dropped off and not parking, please keep to the left as you enter Jubilee Field, and let the marshals know so that they can pause traffic to let your vehicle out again.
- If your number does not arrive, or you've managed to leave it at home, please come into the hall to collect a spare number. We'll have some spare safety pins as well, just in case. You can also leave bags in the hall.
- Don't forget to complete the back of your race number with emergency contact details. We'll have some pens in the hall.
- Please do not walk down to the start until the race director announces as the road will be open to traffic at all times.
- During the race, please ensure any gates you pass through are closed behind you or the group you are running with. Some fields may have sheep or cows in them, so also watch where you're putting your feet!
- Be mindful of traffic when you are crossing or running the road sections.
- Look out for the yellow direction arrows sprayed on the road when you leave or join them.
- Look out for the red and white direction arrows or the red and white hazard tape – that means you're on the right route.
- The route is marked but you can also download detailed instructions from the website
  
- If you do get hopelessly lost, phone the run director and we'll help figure out where you are and how to get back on course. The telephone number is 07902 264717, which is also printed on the front of your race number.
- It's been a wet spring, so some parts of the course are still wet and muddy, although most of the route is dry, and of course some is on the road. With another week to go, that could still change, but the forecast is still showing showers.
- If you drop out or have any problems during the race, for any reason, please inform one of the marshals, or phone the race director. The telephone number is 07902 264717, which is also printed on the front of your race number.
- There will be first aid cover at Blackboys, around halfway, and at the finish.
- If you've forgotten whether you requested a medal or a donation to Uckfield Foodbank, it's noted on the front of your race number. If you're a late entrant and it doesn't show anything, just ask and we will double check for you.
- Don't forget to collect your finishers mug. Free teas and coffees are available in the hall to enjoy from your new mug, as well as cake.
- Prizes will be presented on the day, but if you've won something and have already left, we'll make sure it gets to you.
- Results will be posted here and on the Uckfield Runners website as soon as possible after the race.
- Finally, don't forget to enjoy yourself, and good luck.

Graham  
Run Director